

It's a long road to Recovery... Let us walk it with you
and celebrate your success

Enhanced Aftercare Interventions

Our New Enhanced Aftercare interventions are designed to help you and your loved ones begin a new journey to long term recovery; improving your health, wellbeing and relationships. Our range of enhanced 1-1 sessions are designed to ensure that you can make your Recovery Dreams a reality and keep you on the right path to your new future.

We know that sustaining Recovery from Drugs or Alcohol is not easy once a you leave the constant support and care of our residential treatment programmes. Adjusting to life back home can be daunting and sometimes a bit of extra help is needed to make this a success for you and those around you!



Our Enhanced Aftercare Sessions have one simple aim:

To provide you with the private space, support and inspiration to work towards your full Recovery

Design your perfect enhanced aftercare recovery plan and keep this under close review each week.

Work with you and anyone else, including your family to ensure your recovery plan is successful

Provide you with private 1-1 sessions where you can share your concerns and fears, celebrate each success and plan your next steps

Help you explore difficult feelings, thoughts and emotions; giving you the space and time to talk and be heard

Help you create and use your own Recovery Toolkit; ensuring that you are able to maintain your recovery journey and achieve success

Help you to understand how those around you can help and support; ensuring that you are able to find new ways of building relationships with those closest to you and enable them to learn more about your recovery and their role in it.

Where do these sessions take place?

Centre Based: The majority of our clients enjoy coming back to familiar surroundings at one of our comfortable and private residential treatment centres. These sessions can take place in any of our UK facilities nearest to your own area.

Home Based: Some clients prefer to hold their sessions in their own home, which can be arranged and enable you and your family to make the most of your recovery support in your own surroundings.

Contact us now on: 0333 344 1734

(Open 8am-10:30pm, 7 days a week)

Email: aftercare@rehabclinicsgroup.com

Website: www.rehabclinicsgroup.com

How many sessions will I need?

We understand that every client is unique and for some people a short number of sessions may be just what they need to achieve their recovery. However, for some people, choosing a longer package of support increases the likelihood of real recovery success and may be just what you need.

As a minimum, our Standard Starter Package – of 4 Weeks is available for anyone wishing to access our support. This enables our Aftercare Recovery Worker to work closely with you and design a Recovery Plan that is as unique as you are.

During the first four weeks, you and your Aftercare Worker can discuss your next steps, review your progress and then choose exactly how many more sessions you will need to secure your new path to Recovery. This is flexible and you can simply buy additional sessions per week (or more) until you are ready to complete your journey to Recovery on your own.



Getting started is simple...Choose our Standard Starter Package and you will be able to:

- Explore the great progress you have made so far
- Design the perfect Recovery Action Plan built around your needs
- Get to work on the issues and concerns affecting you
- Develop a range of recovery exercises that you can use at home over the coming weeks
- Start to build your new future in Recovery

Package	Centre Based	Home Based*
Starter Package 4 Weeks (4x2Hr Sessions)	£480.00	£760.00*
Session Package 1 Session (1x2Hr Session)	£120.00	£190.00*

* Note: Our Home Based Cost is only available for clients living in a 30 Mile radius of one of our UK centres. Additional charges may apply for visits outside of this radius. Please see our terms and conditions overleaf for more information about these charges.

Other Services Available:

Rehab Clinics Group offers a range of other services that aim to support each client throughout the various stages of their treatment and recovery, including:

- ✓ Family Intervention & Support Services
- ✓ Non-Residential (Day Care) Support Services & Interventions
- ✓ Digital Interventions & Aftercare
- ✓ Residential Treatment & Rehabilitation

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Terms & Conditions

1. All Package Prices include delivery time, support materials and telephone support
2. Treatment Centre Prices include all available refreshments
3. Premium Home Prices are inclusive of travel time and costs for journeys within a 30-mile radius of one of our treatment centres. (Watford, Blackpool or Gloucestershire) Additional Mileage will be chargeable at 45pence per mile beyond this limit, plus additional travel time at our standard hourly rate £20.00 per hr.
4. Payment Terms—Package Prices are required to be paid in full via an acceptable payment method prior to commencement
5. Cancellation & Refund Terms:
 - A) Full Packages can be cancelled with a minimum notice period of 7 days; either by email, telephone or in writing and will be subject to a part cancellation fee equivalent to one full session. Cancellations outside of the required notice period will be non-refundable
 - B) Individual Sessions can be cancelled or rearranged with a minimum notice period of 48 hours. Individual Session Cancellations are non-refundable, but can be rearranged to take place within 12 weeks of cancellation.
 - C) In unforeseen circumstances, the Company reserves the right to cancel or rearrange individual sessions without prejudice; alternative suitable arrangements will be negotiated with the customer at least 3 working days in advance